

# JUST WHAT THE DOCTOR DOWNLOADED.



Health apps can be a great way to manage medical conditions, your health and your happiness.

There are thousands of them out there, so finding the right one and knowing that it's the best one for you can be confusing.

We have now launched a website where you can search and compare apps, and get all the information you need from thorough, independent reviews - and find the right one for you.

Speak to your health or care professional to find out more or visit [lancashire.orcha.co.uk](http://lancashire.orcha.co.uk)

